

I understand that access to FIT ZONE during unmanned hours is a special privilege which can be revoked if the below guidelines are not followed. I agree to follow all rules outlined below. _____ (initial here)

Access:

Access to Capo Fit Zone during unmanned hours is limited to authorized Active Duty, Reservists and First Responders only.

- All authorized patrons must request access and register in advance
- It is mandatory that users work out with partners, using a buddy system for safety.
- Registered users are not to allow non-registered users access when they enter. "piggy-backing" (allowing
 additional personnel in on one swipe) is strictly prohibited and will result in the loss of privileges for **both**parties.
- Registered users may not sponsor guests, or bring in unregistered guests during unmanned hours.
- Surveillance cameras record activities within the Fit Zone during unmanned hours. Actions such as theft, defacement or intentional damage to government property, inappropriate sexual behavior, and violation of rules will not be tolerated. Privileges will be revoked, and patron may be subject to punishment under the Uniform Code of Military Justice (UCMJ).
- Users who are working out when the facility closes during normal operational hours, must exit the facility and allow for staff to finish closing procedures before swiping to reenter.
- All patrons must ensure the door closes fully and securely behind their entry and exit. ALL other doors are to remain closed.

Prohibited Activities and Areas:

- The locker rooms, pool, aerobics room, and basketball courts are off limits during unmanned hours.
- For safety purposes the use of any weight in excess of 100lbs is prohibited during unmanned hours.

Safety:

- Patron Acknowledges there will be no supervision or emergency assistance on site during unmanned hours. In
 case of an emergency or need of assistance, there is an emergency button located next to the spin room along
 with an AED. Pushing the emergency button will connect you to NSA Dispatch. All patrons must follow any
 directions given by NSA Naples officials (to include fire, police or fitness staff) who may be present.
- In the event of a power outage, all users must gather their belongings and exit the facility promptly.

Rank and Full name:	Command:
DOD ID:	Phone:
Email:	
Emergency Contact Name:	Phone:
I have read, understand and agree to follow the above listed rules for unmanned access in Capo Fit Zone.	
Signature	