



**Begins
June 2**

Stroller Club

**Mondays and Wednesdays • 8-9 a.m.
Central Park, Support Site**



Engage your little one in the stroller while getting a total body workout!

The class includes strength, cardio and core training. You will leave class feeling strong, powerful and energized.

No registration required.

For more information, call 081-811-6489 | DSN 629-6489.

