Pool Regulations

Lifeguard is in charge at all times!

- No swimming if a lifeguard is not present on deck.
- Be considerate of others and the facility:
 - Do not swim across lap lanes when someone is swimming in the lane.
 - Do not hang on lane lines. Go under, not over, lane lines.
 - Pick up all personal belongings. Place trash in the provided trash cans.
- All patrons must exit the water 15 minutes before facility closing or when directed by the lifeguards.

All swimmers must follow safe swimming rules and must adhere to all posted rules for the pool facility. Patrons who do not follow the rules will first be given a warning. The second incident will force the individual to sit out of the pool for 10 minutes. If the behavior continues, the patron may be asked to leave.

Health

- Persons having a skin disease, open wounds or sores; wearing bandages or wound coverings; having inflamed eyes, nasal or ear discharge; or any other communicable disease will not be allowed to use the pool.
- Patrons using the pool are required to take a cleansing soap shower before entering the pool.

Attire

- Bathers must wear, and keep adjusted, appropriate bathing attire that conforms to good taste and decency.
- Female swimsuits must appropriately cover the buttocks and chest.
- No thong or string bikinis, jeans, cutoffs, regular clothes, sportswear/gear, bras/underwear or T-shirts are allowed in the pool.
- Only plain white T-shirts or swimming "rash-guards" may be worn over appropriate swim wear.
- Female children four years and older must wear appropriate swimsuits.

Personal items

- Personal aquatic toys and recreational equipment are **not** permitted in the pool. Please leave these items in the car or at home.
- Prohibited items include, but are not limited to, any inflatables (i.e., water wings, rafts, pool floats, inner tubes and beach balls,) glass dive masks, snorkels, Frisbees, boards, balls or other similar items.
- Only the use of U.S. Coast Guard-approved personal floatation devices are permitted. However, they must be used with direct parental/guardian supervision (parent within arms' reach of child) in the water.
- MWR Aquatics is not responsible for any personal items lost, missing or damaged.

Pool "No's"

- No pets in the pool facility.
- No music devices (aside from personal devices used with headphones.)
- No smoking in the pool area. Please use the designated smoking area outside the facility.
- No glass containers of any kind are allowed in the facility.
- No eating and drinking around the pool deck. Food and beverages must be consumed in designated areas only.
- No alcoholic beverages are allowed in the facility. Patrons under the influence of alcohol or drugs will not be allowed to swim in the pool and will be asked to leave the facility.
- No spitting or contamination of the water or any pool area in any way.
- No foul language.
- No running, pushing, acrobatics, horseplay or any other unnecessary roughness is permitted in the pool facility.
- No diving in the shallow end of the pool. Diving is allowed only in designated deep-water areas. All jumps and dives from the deck must be forward-facing (no backwards dives, acrobatics, gainers or inwards.)

Pool regulations as per CNICINST 1710.3c, NAVSUPPACT NAPLES 11106.1g and CNIC SPLASH program. Any regulations not covered here are at the discretion of the designated Aquatics supervisor on duty. For more information, see Aquatics Manager or call 081-811-6513/DSN 629-6513 or 081-568-4254/DSN 626-4254.

