

# FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated.

#### **AREA ORIENTATION**

**Area Orientation** (mandatory for newcomers)

Feb. 5 and 6, Feb. 19 and 20

Wednesday, 7:45 a.m.-2 p.m.

Thursday, 7:45 a.m.-3 p.m.

Reel Times 2 Cinema, Support Site

**Cultural Assimilation trips to downtown Naples** 

Friday, Feb. 7 and 21 | 7:45 a.m.-2:30 p.m.

Monday, Feb. 24 | 7:45 a.m.-2:30 p.m. (all ages)



### **FAMILY READINESS**

**American Red Cross Volunteer Orientation** 

Wednesday, Feb. 19 | 1-1:30 p.m.

Reel Times 2 Cinema, Support Site

**Ombudsman Assembly Meeting** 

Tuesday, Feb. 18

5:30-6:30 p.m.

Reel Times 2 Cinema, Support Site

#### INTERCULTURAL RELATIONS (ICR)

#### **Italian at Lunchtime**

(Basic Italian for beginners) Monday, Feb. 3 and 10 11 a.m.-12:30 p.m.

Capodichino

Easy Italian (Beginners) **Tuesday, Feb. 4, 11 and 18** 

10:30 a.m.-12:30 p.m.

**Intermediate Italian** 

Thursday, Feb. 6

11 a.m.-12:30 p.m.

**ICR Seminar and Trip:** Al Supermercato

Wednesday, Feb. 12 10 a.m.-2:30 p.m.

**Advanced Italian at Lunchtime** 

Monday, Feb. 24

11 a.m.-12:30 p.m.

Capodichino

**Intercultural Relations Trip: Pulcinella Museum** 

Tuesday, Feb. 25

9 a.m.-2:30 p.m.

**Cooking Class** 

Thursday, Feb. 27 9 a.m.-Noon



# SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR)

**Resident Advisor Training** 

Thursday, Feb. 6 1-3 p.m.

**Victim Advocate Initial Training** 

Monday-Friday, Feb. 10-14

8 a.m.-5 p.m.

Capodichino

**Command Duty Officer Training** 

Tuesday, Feb. 25

Noon-2 p.m.

**Victim Advocate Refresher Training** 

Thursday, Feb. 27

1-3 p.m.

Capodichino

## **EXCEPTIONAL FAMILY MEMBER PROGRAM**

**Leadership Brief\*** Tuesday, Feb. 4 | 11 a.m.-Noon

**Transition Planning** 

**Tuesday, Feb. 11** | 2-3 p.m. **Point of Contact Training** 

**Thursday, Feb. 20** | 9-10 a.m.

**Navigating EFMP** Tuesday, Feb. 25 | 11 a.m.-Noon

Capodichino

**Meet and Greet** Tuesday, Feb. 25

Noon-1 p.m. Capodichino

#### LIFE SKILLS

**Mind-Body Mental Fitness: Stress Resiliency** Thursday, Feb. 6

11 a.m.-12:30 p.m. Capodichino



#### RELOCATION

**Smooth Move** Thursday, Feb. 13

9 a.m.-Noon

#### **TRANSITION ASSISTANCE PROGRAM**

**Pre-Separation Workshop** Monday-Wednesday, Feb. 3-5 | 8 a.m.-4 p.m.

**Department of Labor Employment Workshop** Thursday and Friday, Feb. 6 and 7 8 a.m.-4 p.m.

**Boots to Business** Monday and Tuesday, Feb. 10 and 11 8 a.m.-4 p.m.



#### PERSONAL FINANCE MANAGEMENT

## FAMILY EMPLOYMENT PROGRAM

FFSC is not able to offer in-person classes due to manning issues. Please go to https://mynavyfamily.com to create an account and access virtual classes and additional resources.







\*Virtual Class



- Call 081-811-6372 | DSN 629-6372
- Email NSANaplesFFSC@us.navy.mil and include the class title, your name, email address, phone number, sponsor's rank and command

