# Dance Classes

## Ballet

Ballet allows your child to build motor skills, grace and confidence. Children learn basic ballet movements and terminology through ever-changing and interactive class sessions.

#### **Tuesday**

3:20-4 p.m. • 3-6 years old 4-5 p.m. • 7-9 years old 5-6 p.m. • 10-17 years old





### **Modern Dance**

Modern Dance is a fun and energetic way to improve physical fitness, posture, balance and coordination. Classes encourage kids to learn proper dance technique and develop rhythm and movement.

#### Thursday

3:20-4 p.m. • 3-6 years old 4-5 p.m. • 7-9 years old 5-6 p.m. • 10-17 years old

#### Classes are Nov. 5-Dec. 31 for one-month sessions. (No class on U.S. holidays.)

Ages 3-6 will be offered one time per week for \$50 per month. Ages 7-9 and 10-17 one time per week for \$60 per month.

Registration opens the 15<sup>th</sup> of each month for the next session. **Register at https://myffr.navyaims.com >>** 





