

# LET'S TALK!



## Mental Health Resources for the NSA Naples Community

***Emergency Crisis on base dial 911, off base dial 081-568-4911***

### **Fleet and Family Support Center**

FFSC services are open to all U.S. military personnel, civilians, contractors and family members. Counseling is available for individuals (adult and adolescents), couples and families.

- Office phone: 081-811-6372 / DSN 629-6372
- Duty phone: 331-691-8268

### **Chaplain**

Chaplains offer 100 percent confidential counseling with no reporting requirements on a wide variety of issues to religious and non-religious personnel. Chaplain services are open to all military personnel, civilians, contractors and family members.

- Office phone: Capodichino 081-568-3539 / DSN 626-3539 and Support Site 081-811-4600 / DSN 629-4600
- After hours duty phone: 366-680-5972

### **Military & Family Life Counselors**

Military & Family Life Counselors focus on children and youth up to 18 years old. The services are available only to active-duty military and family members, as well as DODEA and Child and Youth Programs staff.

- **Child & Youth Programs:** 344-441-8751 or 347-840-1078
- **Elementary School:** 345-353-2301, 344-449-5509, 346-369-1675 or 345-853-8972
- **Middle / High School:** 345-937-8003, 348-117-8743 or 347-643-5193

### **U.S. Naval Hospital Behavioral Health**

Adult services are available upon referral from a primary care manager. Services are open to all military personnel and adult family members. Limited services are available for adult civilians and contractors.

- 081-811-6306 / DSN 629-6306

### **Employee Assistance Program**

Employee Assistance Program (EAP) links employees and their families to a wide variety of qualified local services and provides licensed confidential support to help with difficult issues.

- Department of Navy Civilian (APF) EAP: 001-888-320-2917 or 001-888-262-7878
- NAF EAP: 001-800-932-0034

### **Military OneSource Counseling**

Services are open to all U.S. military personnel and family members.

- 24/7 Worldwide toll-free: 00-800-342-9647
- 24/7 Worldwide collect: 001-703-253-7599
- 24/7 Telecom Italia: 800-172-405
- 24/7 Online chat <https://livechat.militaryonesourceconnect.org/chat>



Scan for access on your smart phone

