

PROTEIN

WHEY, COLLAGEN OR PLANT-BASED PROTEIN SOURCES

BIG BANG

cal 290/390/520 **[13g total protein**]**

strawberries, bananas, vanilla*, whey protein

CHOCOLATE CHIMP

cal 230/340/410 **[14g total protein**]**

cocoa, bananas, vanilla*, honey, whey protein

LEAN GREEN EXTREME

cal 270/360/460 **[16g total protein**]**

pineapple, mango, bananas, leafy greens, orange juice, lemon juice, plant-based protein

PEANUT BUTTER POWER UP

cal 570/750/1020 **[20g total protein**]**

peanut butter, bananas, whole grain oats, chia seeds, frozen yogurt

MR. MONGO

cal 370/520/690 **[17g total protein**]**

strawberries, bananas, frozen yogurt, nonfat milk, vanilla*, whey protein

GET UP & GLOW

cal 420/620/810 **[22g total protein**]**

coffee, peanut butter, cocoa, bananas, oatmilk, frozen yogurt, granola, collagen peptides

**Based on 20oz size

Small 20oz Medium 32oz Large 44oz

\$7,49 \$8,99 \$10,49

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MEAL REPLACEMENT

WHEY PROTEIN ISOLATE + 15 VITAMINS & MINERALS

Small 20oz Medium 32oz Large 44oz

PEANUT BUTTER PUNCH

cal 460/630/770

[total protein 43g/56g/61g]

peanut butter, bananas, whey MR protein

STRAWBERRY SUPER SQUEEZE

cal 340/490/560

[total protein 34g/43g/43g]

strawberries, bananas, whey MR protein



COOKIE CRUSHER

cal 490/690/860

[total protein 39g/50g/53g]

OREO® Cookies, frozen yogurt, whey MR protein

PB BLUES

cal 430/610/780

[total protein 43g/56g/60g]

peanut butter, blueberries, bananas, whey MR protein

ALL SHOOK UP

cal 470/640/780

[total protein 43g/56g/61g]

cocoa, bananas, peanut butter, whey MR protein

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MR = Meal Replacement

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition/allergen information available upon request. Actual fill may vary slightly. *Artificial vanilla flavor used.

SUPERFOOD

BLENDED WITH WHOLE FOOD INGREDIENTS

DRAGON FRUIT LEMON SPLASH

cal 200/310/400

dragon fruit, lemon juice, strawberries, pineapple

RIO BERRY BLISS

cal 290/450/580

açaí, coconut water, strawberries, raspberries, pineapple

FIJI ISLAND BREEZE

cal 240/350/480

coconut water, leafy greens, mango, passion fruit, pineapple, bananas

PB DRAGON FRUIT RIPTIDE

cal 530/770/930

dragon fruit, bananas, peanut butter, strawberries, chia seeds, whole grain oats, frozen yogurt

AMAZON KICK

cal 280/420/560

açaí, blueberries, strawberries, bananas

MOUNTAIN MAN CRUNCH

cal 530/740/1050

peanut butter, bananas, granola, honey, frozen yogurt, oatmilk

Small 20oz
Medium 32oz
Large 44oz

\$ 7,99 \$ 9,49 \$ 10,99

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ENERGY

BOOSTED WITH CAFFEINE [COFFEE OR OUR ENERGY BLAST]

Small 20oz
Medium 32oz
Large 44oz

ROAD RUNNER

cal 260/370/500

blueberries, raspberries, strawberries, orange juice, energy blast

JAVA THE NUT

cal 380/570/750

coffee, cocoa, peanut butter, bananas, frozen yogurt, nonfat milk

MANGO PASSION

cal 440/620/860

mango, passion fruit, strawberries, energy blast

CHOCOLATE ELVIS

cal 380/570/750

cocoa, peanut butter, bananas, frozen yogurt, nonfat milk, energy blast

SHAG-A-DELIC

cal 350/470/680

blueberries, strawberries, bananas, frozen yogurt, nonfat milk, vanilla*, energy blast

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PROTEIN BLASTS Add 35-90 cal per serving

WHEY PROTEIN

[12g whey protein]

\$ 1,50

PLANT-BASED PROTEIN

[13g plant-based protein]

\$ 1,50

MEAL REPLACEMENT

[21g whey protein, 15 vitamins & minerals]

\$ 2,50

COLLAGEN PEPTIDES

[10g collagen protein]

\$ 1,50

PLANET FAVORITES

FAN FAVORITES YOU'RE SURE TO LOVE

THE LAST MANGO

cal 260/400/530

mango, peaches, bananas, orange sherbet

CAPTAIN KID

cal 330/460/660

strawberries, orange sherbet

TWIG & BERRIES

cal 290/420/580

strawberries, bananas, frozen yogurt

VINNIE DEL ROCCO

cal 310/400/630

raspberries, blueberries, strawberries, orange sherbet

PBJ

cal 600/840/1190

peanut butter, strawberries, bananas, frozen yogurt, nonfat milk, vanilla*

LUNAR LEMONADE

cal 160/240/320

strawberries, lemon juice, bananas

STRAWBERRY COLADA

cal 260/370/530

pineapple, coconut, strawberries, nonfat milk, vanilla*

BUBBLE TROUBLE

cal 260/330/430

mango boba, strawberries, mango, lemon juice, orange juice

Small 20oz	Medium 32oz	Large 44oz
\$ 6,99	\$ 8,49	\$ 9,99
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BOWLS

DIG INTO THESE BOWLS OF DELICIOUSNESS

YOUR CHOICE OF AÇAÍ OR DRAGON FRUIT BASE

PB & THE BEE

cal 820/700

peanut butter, blueberries, bananas, granola, honey

\$ 11,99



BERRY BRAZILIAN

cal 610/490

strawberries, blueberries, bananas, granola, honey

\$ 11,99

DARK & DREAMY

cal 850/730

strawberries, bananas, coconut, mini dark chocolate chips, granola

\$ 11,99

BLASTS

\$ 1,00

Add 10-20 cal per serving

PROBIOTIC

FAT BURNER

IMMUNITY

ENERGY

MULTIVITAMIN



Berry
Brazilian