

Support Site Fitness Center Dance Classes

Fall Sessions

Ballet

Ballet allows your child to build motor skills, grace and confidence. Children learn basic ballet movements and terminology through ever-changing and interactive class sessions

Tuesday

3-3:40 p.m. 3-6 years old

3:45-4:45 p.m. 7-9 years old

4:50-5:50 p.m. 10-17 years old

Friday

3:45-4:45 p.m. 7-9 years old

4:50-5:50 p.m. 10-17 years old



Modern Dance/Hip-hop

Modern Dance/Hip-hop is a fun and energetic way to improve physical fitness, posture, balance and coordination. Classes encourage kids to learn proper dance technique and develop rhythm and movement.

Monday

3:45-4:45 p.m. 7-9 years old

4:50-5:50 p.m. 10-17 years old

Thursday

3-3:40 p.m. 3-6 years old

3:45-4:45 p.m. 7-9 years old

4:50-5:50 p.m. 10-17 years old

Classes are Sept. 3-Oct. 31 for one-month sessions. (No class on U.S. holidays.)

\$50 per month, 3-6 age group for one class per week.

\$75 per month, 7-9 and 10-17 age group for two classes per week.

Registration opens the 15th of each month for the next session.

Register at <https://myffr.navyaims.com> >>



Maximum 20 dancers per class.
For more information, call 081-811-6721 / DSN 629-6721.

