



# Capodichino Fit Zone and Support Site Fitness Forum Unmanned Contract

## Access

Access to Capodichino Fit Zone and Support Site Fitness Forum during unmanned hours is limited to authorized MWR-eligible patrons. For age restrictions, please see age eligibility chart at [www.navymwrnaples.com](http://www.navymwrnaples.com).

- All authorized patrons must request access and register in advance.
- Registered users must not allow non-registered users access when they enter. Sharing a CAC, “piggybacking” (allowing additional personnel to enter on one swipe) or propping door open strictly is prohibited and will result in the loss of privileges for **both** parties.
- Registered users may not sponsor guests or bring in unregistered guests during unmanned hours.
- Upon entry, check-in using the facility iPad is required.
- The buddy system is highly recommended and encouraged.
- All equipment must remain inside the Fit Zone and Fitness Forum. Equipment is not permitted to be taken outside the facilities.
- Surveillance cameras record activities within the Fit Zone and Fitness Forum during unmanned hours. Actions such as theft, defacement or intentional damage to government property, inappropriate sexual behavior and violation of rules will not be tolerated. Privileges will be revoked and patron may be subject to punishment under the Uniform Code of Military Justice (UCMJ).
- Users who are working out when the facility closes during normal operational hours must exit the facility and allow for staff to finish closing procedures before swiping to reenter.
- All patrons must ensure the door closes fully and securely behind their entry and exit. ALL other doors are to remain closed unless needed for an emergency.

## Prohibited Activities and Areas

- Locker rooms, pool and administrative areas are **off limits** during unmanned hours.

## Safety

- The use of a spotter strongly is recommended when using free weights or when appropriate.
- User acknowledges there will be no on-site supervision or emergency assistance during unmanned hours. In case of an emergency, call 911. There is an AED and First Aid kit by the front desk. All users must follow any directions given by NSA Naples officials (i.e., fire, police and/or fitness staff) who may be present.
- In the event of a power outage, call the phone number listed on the Facility Rules sign. All users must gather their belongings and exit the facility promptly.

I understand that access to Fit Zone and Fitness Forum during unmanned hours is a special privilege, which may be revoked if the above-stated guidelines are not followed. I agree to follow all rules outlined above. \_\_\_\_\_ (initial here)

Rank and full name:	Command:
DOD ID number:	Phone:
Email:	
Emergency contact name:	Phone:
<b>I have read, understand and agree to follow the above-stated rules for unmanned access to NSA Naples fitness centers.</b>	
Signature _____	
Date: _____	