

Captain's Cup

2024



Fitness Forum

**Tuesdays and
Thursdays**

6 p.m.

Volleyball

Starts Tuesday, Oct. 15

Rep your command and compete to win the coveted 2024 Captain's Cup trophy!

Coaches meeting and clinic are Oct. 9, 3 p.m. at Fitness Forum Gym, second floor.

Review of bylaws, rules and regulations. Coaches are strongly encouraged to attend. Must be 18 years or older and out of high school to participate.

"All-Stars Tournament" will be held at the end of the season.

Team rosters due by Oct. 11 at Support Site Fitness Forum. No additions to rosters will be allowed.



For more information, call 081-811-6528 / DSN 629-6528.