Social Skills Play Group

Life can be overwhelming.

This is an opportunity for children ages 3-5 years old to interact with peers in a safe and fun environment.

Wednesday, Feb. 5 11 a.m.-Noon Fleet Recreation Center, Gaeta

Military and Family Life Counselors lead the group in discussions and topics to include:

- Separation from parents
- Deployment and reunions
- Transitions
- Social skills
- Peer relationships
- Communication skills
- Emotional regulations
- Siblings and parent relationships

The group will use tools such as:

- Music
- Stories
- Coloring pages
- Providing safe spaces
- Arts and crafts

- Age-appropriate activities
- Classroom observations
- One-on-one meetings with parents

Reservations are not required.







