

January

activities

Events are held at the Fleet Recreation Center.

Turn the page to a New Year

Check out new books for children and adults in our library or go online to the Navy MWR Digital Library for e-books at <https://www.navymwrdigitalibrary.org>.

Pick-the-Year Trivia

Thursday, Jan. 2

Test your knowledge of the past year's happenings during this friendly competition.



Group Exercise: Total Body

Thursday, Jan. 2, 16, 23 and 30

Start off the New Year with a full-body work out! Get some tips for an exercise routine that fits your needs.

Remember Martin Luther King Jr.

Jan. 7-13

See displays highlighting Dr. King's life and legacy. Answer quiz questions for a chance to win a prize.



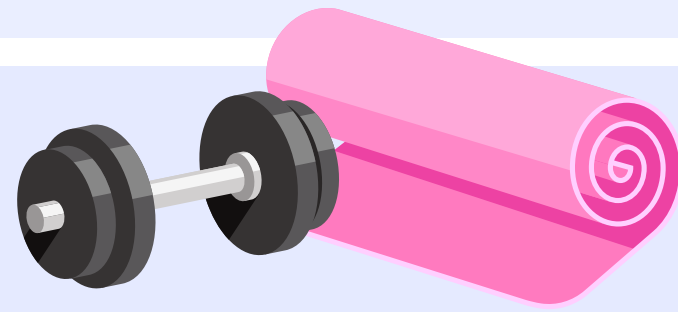
Morning at Olde Mill Inn

Tuesday, Jan. 7 and 14

9 a.m. Group exercise in the indoor fitness room led by a professional fitness instructor.

10-11 a.m. Children's social Come & Play

On Jan. 14, the Early Childhood Special Educator and Speech Language Pathologist from U.S. Naval Hospital Naples conduct music, movement, stories and bubbles with children. They will answer parent's questions about toddler development.



Salsa Lessons

Thursday, Jan. 9, 16, 23 and 30

3:30 p.m.

Here's a great way to exercise and have fun at the same time! \$9 per lesson, \$30 per session. Register by Jan. 7 at the MWR Customer Service Desk.

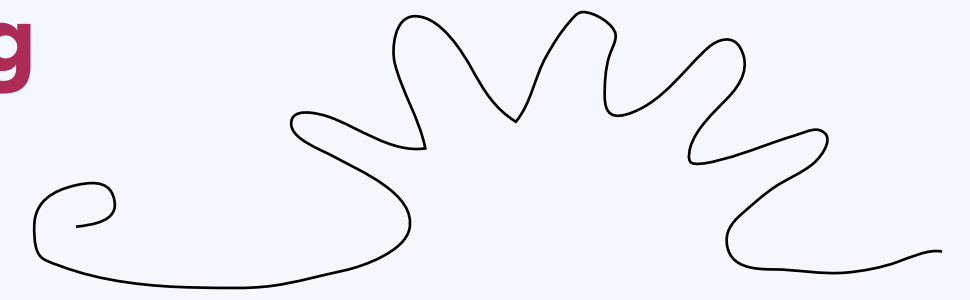


Blind Contour Line Drawing

Friday, Jan. 10

Begins at 10:30 a.m.

Blind contour line drawing helps to improve your hand-eye coordination and your artistic observational skills. Fun for children and adults.



Shop the Winter Sales

Friday, Jan. 17

Bus departs Fleet Landing at 8:30 a.m., returns at 2:30 p.m.

Shop the sales at Campania Mall. €20 per person. Minimum 15 people required for trip to proceed. Register by Jan. 14 at the MWR Customer Service Desk.

Fun with Ice

Wednesday, Jan. 22

3 p.m.

Paint with ice and watch the movie Frozen! A great after-school project! While supplies last.



National Puzzle Month

Wednesday, Jan. 29

Exercise your brain with a crossword puzzle, word search or picture puzzle. Win a prize for completing the most puzzles correctly. Fun for children and adults.

National Hot Chocolate Day

Friday, Jan. 31

Begins at 10:30 a.m.

Warm up your day by celebrating this timeless cold-weather beverage! Check out a book or watch a fun movie while enjoying a cup. While supplies last.



More activities

Ask MWR about trips. Make a reservation for the local spa, cooking class, private and group Italian lessons for adults or children or music lessons at the MWR Customer Service Desk or call 081-568-8357 / DSN 626-8357.